GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:249
ANSWERED ON:09.07.2014
INGREDIENTS FOR MDMS
Chautala Shri Dushyant

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) the details of the basic ingredients for mid-day meal scheme across the country;

(b) whether the Government proposes to include milk and egg in the mid-day meal of students across the country so as to benefit both the farmers and children; and

(c) if so, the details thereof?

Answer

MINISTER OF HUMAN RESOURCE DEVELOPMENT (SMT. SMRITI ZUBIN IRANI)

(a): The Mid Day Meal Scheme (MDMS) guidelines prescribe the quanities of various ingredients as under:

S. No.	Items	Quantity Per Day	
		Primary	Upper Primary
1.	Food grains (wheat/rice)	100 gms	150 gms
2.	Pulse	20 gms	30 gms
3.	Vegetables (leafy also)	50 gms	75 gms
4.	Oil & fat	5 gms	7.5 gms
5.	Salt & Condiments	As per need	As per need

(b) & (c): The menu under MDMS is decided by the State/UT governments keeping in view the preferences and tastes of the children. Eggs and milk based dishes like kheer etc are provided by some States and UTs under MDMS.